

**MENTAL HEALTH (HEAL ME) PROJECT**

**PLATFORM DEVELOPMENT PROPOSAL, SPECIFICATION & COST**

Prepared For **HPWPsa**

By

**Animo Africa IT Solutions.**

(Updated On : Tue, 15 May, 2023)

**INTRODUCTION**

Animo Africa IT Solutions is a software and hardware solutions company focused on simplifying stressful daily activity for individuals and businesses while promoting growth and maximizing profit. Through software innovations and hardware installations with technology to match the fast-changing environs, we are able to provide solutions highly probable to succeed.

We leverage on modern effective stacks to plan, design and build efficient, productive and secured customer-centric solutions professionally.

**STATEMENT OF THE PROBLEM OR NEED**

The goal of this project is to design, develop, and deploy an application that addresses mental wellness among individuals. The application is in line with the **HPWPsa** project that aims to incorporate task-shifting methods in a large scale to improve mental wellness.

The completed platform will consist of the following sub-components with uniquely designated functionalities :

1. **RESTFUL WEB APIS** : This component will be the primary web-based conduit through which data will flow between the application and the backend which consists of the data storage.
2. **ADMINISTRATIVE DASHBOARD** : This shall be the back-office component from which administrative staff will be able to manage business data and also export various intelligent reports in Excel, CSV, and PDF formats.
3. **A MOBILE APPLICATION**: An application on mobile phones (android and iOS) that customers interact with to aid professionals properly diagnose their conditions or provide the necessary advice on how to maintain a healthy mental wellbeing.
4. **A WEBSITE** : This would provide basic information on the program and a link to the mobile application.

A summary of the functions to be implemented follow, with a designation to signify whether a portion of functionality is in or out of scope for this phase.

|  |  |
| --- | --- |
| Functional Area | Description |
| **Mobile App** |  |
| Customer onboarding | Customers creating profiles to sign up to the program. |
| Customer Assessment | Customers are able to fill some assessment questions to aid professionals properly diagnose them. |
| Contact professionals via chat or calls | Customers are able to contact health professionals for live sessions via chat or voice calls. |
| Read and listen to motivational quotes | Read and listen to motivational quotes from scholars and motivational speakers around the world. |

PROJECT DELIVERABLES & BENEFICIARIES

At the end of this project, we are expected to deliver to **HPWPsa** a fully functional system that features modules, streamlined user interfaces, and user experiences for all authorized health professionals and customers to be able to effectively carry out all the necessary operations to improve the project.

In the back-office or web administrative dashboard, duly authenticated and authorized top-level administrators and professionals should be able to view and export various customer information in excel, csv, and pdf formats for analysis and data-backed decision making on the mental health status.

We always split projects into phases and would like to offer the same approach for your company as well. We would like to offer the following phases and activities for your project:

1. Phase 1 : Studying of existing paperworks/system to inform structure and design of central database
2. Phase 2 : Modeling database based on knowledge gained from Phase 1
3. Phase 3 : Designing, developing, and deploying a minimum-viable product (MVP)
4. Phase 4 : Testing MVP with an in-house team to uncover and fix all identified bugs
5. Phase 5 : Deployment of final product and training of in-house staff on usage of platform
6. Phase 6 : Maintenance
7. Phase 7 : Addition and/or extension of functionalities

In all, we have resolved to finish this project in 3 months.

PLATFORM DESIGN & DEVELOPMENT ESTIMATE

|  |  |  |
| --- | --- | --- |
| Module | Description | Cost In USD |
| Mobile Application | Mobile Application which customers and health professionals can interact with | 16,000.00 |
| Back-office / administrative dashboard | Administrative dashboard from which duly authorized and authenticated users can create data, retrieve data, fetch intelligent statistics for analysis and diagnosis. | 20,000.00 |
| Customer-facing website | A website provide basic information on the program and a link to the mobile application. | 5,000.00 |
| RESTFul APIs, platform security,perpetual hosting, and other infrastructural needs | A backend system responsible for conducting data across various components of the platform. | 12,000.00 |
| TOTAL COST |  | 53,000.00 |

Notes

Exclusivity

Under this contract, Animo Africa IT Solutions agrees not to develop the same for competitors who operate similar businesses.

Estimates Only

This document is an estimate only and may not represent a legally binding agreement between HPWPsa and Animo Africa IT Solutions. A legally binding contract will be provided upon acceptance of this estimate.

However, the two parties Animo Africa IT Solutions and HPWPsa can agree to affix their signatures on this document to make it a legally binding contract between them as far as the development of the platform is concerned in which case the following systematic payment method applies

Systematic Payment Method

In the event that the two parties have agreed to make this document a legally binding contract between them, the following systematic payment shall apply:

HPWPsa shall pay to Animo Africa IT Solutions an initial amount of Nine Thousand ($ 9,000.00) representing 30% of the total contract value prior to commencement of work on this project.

After 2 months of work when both parties agree that 70% of the work has been duly executed by Animo Africa IT Solutions, HPWPsa shall make a payment of Twelve Thousand USD ($ 12,000.00) representing 40% of the total contract value to Animo Africa IT Solutions. At this point a total amount of $21,000.00 representing 70% of the total contract value would have been paid by HPWPsa Animo Africa IT Solutions.

The balance of Nine Thousand USD ($9,000.00) representing the last 30% of the total contract value shall be paid to Animo Africa IT Solutions by HPWPsa after 60 days of satisfactory usage of the deployed platform.

All payments shall be made into the following bank account:

Account Name : Animo Africa IT Solutions

Account No. : 62000179392

Bank Name : First National Bank Ghana

Bank Branch : West Hills Mall

Branch Code : FIRNGHA

Maintenance

This estimate covers design and development of the platform from Phase 1 to Phase 6, the routine/daily maintenance phase. Maintenance of all features and/or functionalities indicated to be in-scope in this document will always be carried out by Animo Africa IT Solutions free of charge.

However, this does not include estimates for addition of new functionalities or extension of existing functionalities to the platform. Should there be the need for additional or extended functionalities, the charges will be subject to agreement between Animo Africa IT Solutions and HPWPsa.

**Running Cost & System Maintenance Charges**

Animo Africa IT Solutions will charge monthly service charges. The monthly service fee will be a fixed support fee of $10,000 monthly till such time HPWPsa professionals feel they are well accustomed to running the systems on their own.

IN WITNESS WHEREOF and acknowledging the acceptance and agreement of the foregoing, SAGE Microsystems Ltd and New Oak Company Limited affix their signatures hereto:

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Director, SAGE Microsystems Ltd Director, Oak Villa

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Signature Signature

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Date Date

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Witness, SAGE Microsystems Ltd Witness, Oak Villa

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Signature Signature

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Date Date